



25 December 2009

To whom it may concern:

We have had the privilege to know Lars Osterlund for over 20 years, and have had many stimulating discussions on physiological, medical and fitness aspects regarding tests on cycle ergometers. Lars knowledge, experience and serious analyses make him a valuable expert consultant, and we are very impressed by his teaching skills.

We have called Lars several times to join us to teach and train the Chinese Olympic teams(2002-2008), all over China. When Lars now starts up his own business after 30 years at Monark we wish all the best.

General Manager

Zhou Tingguo

